

CURRICULUM VITAE

Valda Vivianna Upenieks
818-347-2355 or 818-585-8225
valda@upeniekshealthservicesconsulting.com

EDUCATION:

<u>Dates</u>	<u>Institution/ Location</u>	<u>Degree/ Major</u>
1976-1980	Seattle University Seattle, Washington	Bachelor of Science in Nursing Nursing
1987-1989	San Diego State University San Diego, California	Master of Public Health Health Service Administration
1998-2002	University of Washington Seattle, Washington	Doctorate of Philosophy Nursing Science

FACULTY APPOINTMENTS:

<u>Dates</u>	<u>Institution/ Location</u>	<u>Title</u>
2003-present	University of California Los Angeles, California	Assistant Professor Nursing Administration Graduate Program

PROFESSIONAL POSITIONS:

<u>Dates</u>	<u>Institution/ Location</u>	<u>Title</u>
1984- 1989	UCSD Medical Center San Diego, California	Flight Nurse, Life Flight
1989-1990	UCSD Medical Center San Diego, California	Postgraduate Administrative Fellowship
1990-1995	St. Joseph Hospital Bellingham, Washington	Director, MedFlight Aeronautical Services/Trauma Program
1995-1998	Northwest Hospital Seattle, Washington	Director, Oncology/Orthopedic/ Surgical Services/ IV Team
1998-2003	Valley Medical Center Renton, Washington	Administrative Supervisor

LICENSURE/ CERTIFICATIONS:

<u>R.N. License:</u>	California	active
	Washington	active

PROFESSIONAL MEMBERSHIPS:

<u>Dates</u>	<u>Organization</u>
1984-1989	National Flight Nurse Association;
1990-1995	Washington State North Region Trauma Care Councils—Quality Assurance, PreHospital Care, Leadership, Hospital Governance;
1990-1995	Washington State Trauma Care Councils—Hospital Governance, Trauma Registry, Quality Assurance Council;
1996-present	Emergency Nurses Association;
1998-present	Sigma Theta Tau Inc., Honor Society of Nurisng, PSI Chapter-at-Large;
1998-present	American Nurses Association;
2002-present	University of Washington Alumni Association

RESEARCH ACTIVITY:

- **Upenieks, V. (PI);** *Hester McLaws University of Washington Nursing Scholarship Award; The Interrelationship Between and Meaning of Power and Opportunity, Nursing Leadership, Organizational Characteristics of Magnet Institutions, and Clinical Nurse Job Satisfaction;* (2001-2002).
 Specific aims of research study included: examining the differences among clinical nurses employed at magnet and non-magnet hospitals regarding their perceptions of job satisfaction and empowerment; and, providing an understanding of the nurse leader’s perceptions of both the value of his or her role in today’s health care setting.
- **Upenieks, V. (PI);** *UCLA School of Nursing Intramural Grant; Magnet Standards and Nursing Outcomes;* (2004-2006).
 Specific aims of study include: to gain an understanding of nurse leaders’ perceptions of the impact of magnet status on professional nursing practice and the culture of the organization; and, registered nurses beliefs about the benefits and/or disadvantages of magnet designation.
- **Upenieks, V. (PI);** *UCLA School of Nursing Intramural Grant; Mandated Staffing Ratios and Direct Care Requirements;* (2005-present).
 Specific aims of study include: to gain an understanding of the feasibility and effectiveness of mandated staffing ratios and variability in nursing direct care requirements.
- Needleman, J. (PI), UCLA School of Public Health; Parkerton, P., UCLA School of Public Health; Pearson, M., RAND Cooperation; **Upenieks, V.,** UCLA School of Nursing; *The Robert Wood Johnson Foundation; Transforming Care at the Bedside (TCAB) Phase II & III;* (2004-present).
 The purpose of TCAB is to work with leading hospitals to develop and test multifaceted initiatives to improve the work environment on medical/surgical units, and thereby increase quality of patient care and nurse engagement. Change strategies focus on three aspects of improvement that can be implemented at the unit level: (1) organizational infrastructure (nursing leadership and management support); (2) process redesign (workflow efficiencies, job redefinition, use of technology to make nurses’ work more efficient); and (3) physical redesign (designated family space, noise reduction strategies, enhanced natural lighting, relocation of supplies).

PUBLICATIONS:

1. Baxt, W., & **Upenieks, V.** (1990). The lack of the full correlation between the injury severity score and the resource needs of injured patients. *Annals of Emergency Medicine*, 19(12), 1396-1400.
2. **Upenieks, V.** (1998). Work sampling: An assessment tool utilized to increase nursing efficiency, *Nursing Management*, 20(4), 27-29.
3. **Upenieks, V. V.** (2000). The relationship of nursing unit-based practice models and job satisfaction, *Journal of Nursing Administration*, (30)6, 330-335.
4. **Upenieks, V. V.** (2002). Assessing differences in job satisfaction of nurses in magnet and non-magnet hospitals, *Journal of Nursing Administration*, 32(11), 564-576.
5. **Upenieks, V. V.** (2002). What constitutes successful leadership: A qualitative approach utilizing Kanter's Theory of Organizational Behavior. *Journal of Nursing Administration*, 32(12), 622-632.
6. **Upenieks, V. V.** (2003). Recruitment and retention strategies: A magnet hospital prevention model. *Nursing Economics*, 21(1), 7-13.
7. **Upenieks, V. V.** (2003). What's the attraction to magnet hospitals? *Nursing Management* 34(2), 43-44.
8. **Upenieks, V. V.** (2003). Leadership success and role worth in today's acute inpatient environment. *Nursing Administration Quarterly*, 27(2), 140-152.
9. **Upenieks, V. V.** (2003). The interrelationship between organizational characteristics of magnet hospitals, nursing leadership, and nursing job satisfaction. *The Health Care Manager*, 22 (2), 83-98.
10. **Upenieks, V. V.** (2003). What constitutes effective leadership: Perceptions of magnet and nonmagnet nurse leaders. *Journal of Nursing Administration*, 33(9), 456-467.
11. **Upenieks, V.V.** & Abelew, S. (2006). The magnet designation process: A qualitative approach using Donabedian's conceptual framework. *The Health Care Manager*, 25(3), 1-11.

Books:

1. Berkowitz, B., Dahl, J., Guirl, K., Kostelecky, B., McNeil, C., & **Upenieks, V.** (2001). *Public Health Nursing Leadership: Creating Opportunities in the New Millennium*. Washington D.C.: American Nurses Association Publishing.